

MESSAGE FROM THE PRESIDENT

MESSAGE FROM PRESIDENT CARON

Tansi everyone!

Summer is in full swing and with it comes the opportunity for visiting and reconnecting. The beginning of this summer has brought about just that, and I look forward to the next month of community visits and Annual General Assemblies.

Earlier this month, I attended a pre-meeting of the Council of the Federation in Winnipeg, Manitoba for a meeting of Indigenous leaders and the Premiers of Canada. As the national and international representative of the Métis Nation, the Métis National Council strongly believes in the need for intergovernmental fora such as this, where Indigenous Peoples can meaningfully engage with provincial and territorial governments. One of the key objectives of the Council of the Federation is to foster meaningful relations between governments based on respect for the Constitution and recognition of the diversity within the federation. While Canada's Constitution provides a foundation for recognizing and including Indigenous Peoples, much more work needs to be done to fully address historical injustices, achieve meaningful reconciliation, and promote the self-determination of Indigenous Nations, including the Métis Nation.

Unfortunately, the format for the meeting between Indigenous leaders and the Premiers does not yet provide for a meaningful avenue to work toward progress on this critical objective. While raising the important work of our Métis Governments, the priorities of the Métis Nation, and the areas where collaboration between the Métis Nation and the provincial and territorial governments could be fruitful, we were also able to bring awareness to the need to reformat this intergovernmental meeting in a way that would provide for a meaningful and productive conversation. A reformatting would allow for us to continue making progress in building a brighter future for the Métis Nation, the provinces and territories, and this country as a whole.



While in Winnipeg, I visited the grave of Louis Riel to pay my respects and reflect on the vision that our ancestors had

LATEST NEWS IN THIS ISSUE:

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- ∞ NEW HIRES
- ∞ ONE NATION. MANY STORIES.



for the future of the Métis Nation. We are in an incredible time to be Métis. We have come so far in the last few years, standing on the shoulders of those who have come before us, making real the vision of our ancestors, and successfully working together towards having our inherent rights recognized.

From there, I travelled alongside tens of thousands of friends, family, colleagues, and allies to gather, visit, and celebrate all things Métis at this year's Back to Batoche festivities.

In the days leading up to the celebration, the Métis National Council's Veterans Committee met with Veterans ministers from our Métis Governments, Canada's Minister for Veterans Affairs, and officials from Veterans Affairs Canada. The discussions focused on the ongoing issues that Métis Veterans face across the Homeland and solutions that can be implemented together to support veterans and their families. It was important that we came together and will help our National Council staff continue to support the work of your Métis Governments and Veterans in ensuring that they are best supported.



This year's Back to Batoche was the most attended in its fifty-plus years. Back to Batoche is about all of us. Gathering in a place that brings us together from across the Métis Nation Homeland. It is where we come together to celebrate all things Métis, to honour our past and plan for our future. A future our ancestors dreamed of and prayed for.



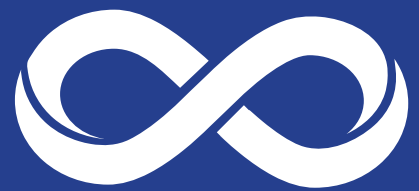
During Batoche, I had the opportunity to meet with so many friends and family members, visiting and listening to the many stories from across the Homeland. It was a truly wonderful weekend.

Bringing the Back to Batoche festivities to an end was the annual walk to the grounds of the 1885 Battle of Batoche and the cemetery where our ancestors who made the ultimate sacrifice for the Métis Nation are laid to rest.

We honour those who fought for the Métis Nation against Canadian authorities, fighting to protect our rights, our ways of life. We remember the stories our grandparents shared with us and that their parents and grandparents shared with them about the battle. There are stories about the women who played a critical role in the battle, how our First Nations kin fought alongside us, and how the government from that day forward has done everything they can to keep the fighting going, even amongst ourselves.

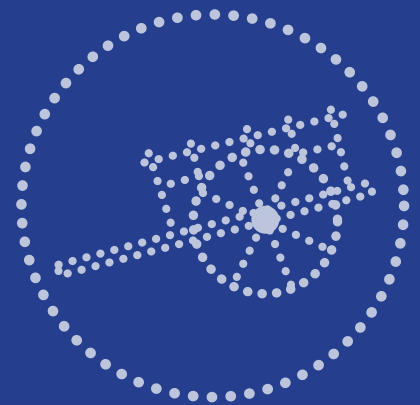
This annual ceremony is so important to remember and reflect on the past and to be reminded of why we do the work we do today. To continue the fight for what is right. To do the critical work of rebuilding relationships to move forward in a good way. And to always be proud of where we come from and to always be proud to be Métis.

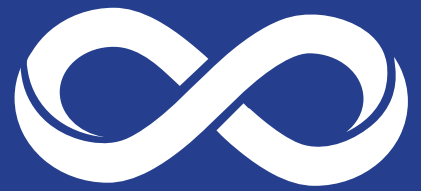
I want to extend my sincerest gratitude to all those who were able to attend Back to Batoche. The celebrations at Batoche are always incredible and are getting bigger every year. I want to thank MN-S for the incredible work they did in putting on a great festival celebrating what it is to be Métis.



MOMENTS IN HISTORY

Did you know that in August 1875, the North-West Mounted Police forced the Batoche-area Métis to abandon their form of local self-government, “le conseil de Saint-Laurent” or the “Council of St. Laurent”? With Gabriel Dumont as its president, the council's last edict tries to enforce The Law of the Prairie's conservation measures.





ONE NATION, MANY STORIES

Monthly updates from the Governing Members

Métis Nation British Columbia

Online Component of Culture Institute Launched

We launched the online component of our culture institute, Amelia Douglas Insitute, <https://ameliadouglasinstitute.ca/>

The Amelia Douglas Institute is a registered non-profit society that was developed by Métis Nation of British Columbia's Ministry of Culture, Heritage and Language. Ministry staff are currently overseeing the Institutes program delivery and operations until the Institute is further established and has sustainable funding to maintain operations independently.

ADI is currently governed by an interim board comprised of three MNBC board members. ADI will be seeking new members to join the board prior to July 2024. Information on board member eligibility and the application process will be shared on the ADI website and on ADI's social media accounts.

If you are interested in becoming an ADI board member and would like to receive an email notification of when we will be accepting applications, please email info@adinstitute.ca

Season 4, Episode 7 Podcast Released

In this episode of the Métis Speaker Series, we are joined by Kim Gullion Stewart, Métis visual artist, Educator, Consultant, and Independent Art Researcher, born in Athabasca, Alberta. In this session, Kim discusses her passion for visual art and connections to her Métis heritage. Explore what it means to Kim to be a Métis artist, her journey of creating from childhood to now, and why it's important to support Métis artists. <https://www.mnbc.ca/news-events/metis-speaker-series/discovering-being-metis>



CITIZEN HIGHLIGHT

Do you know a Métis citizen or group doing good in their communities? Nominate them to be highlighted in future editions of the Pemmican Post! We want to take the opportunity to show all the good work that is being done by Métis citizens across the motherland. If you have a nomination, please send their name, contact information, and share why you are nominating them to newsletter@metisnation.ca



KOKUM'S KITCHEN RECIPES

Wild Rice and Prairie Chicken (Partridge)

Ingredients

1 cup cooked wild rice
1/2 cup margarine
breast of one partridge
1/4 cup onion minced
1/4 cup chopped celery
1 can chopped mushrooms
Salt
Pepper

Directions

Fry onions, celery and mushrooms in margarine until lightly browned. Add all ingredients. Cook about 10 minutes (you can add soy sauce if you wish). Stuff partridge with wild rice mixture and wrap partridge in tin foil. Roast until done.



Métis Nation of Alberta



Environment and Climate Change Speaker Spotlight: Métis Cultural Burning

Wildfires on the mind? Join us on August 2 at 6 pm MST to learn about Métis history & culture in relation to wildfire management. Our next Environment and Climate Change Speaker Spotlight: Métis Cultural Burning, hosted by Dane de Souza, will look back to traditional Métis fire and land management strategies, and look forward to the potential of future Métis wildfire management, and climate solutions.

[Sign up here!](#)

If you have any questions, please reach out to climate@metis.org

To learn more about our current and past Speaker Spotlights visit: <https://albertamemis.com/environment-climate-change-speaker-spotlight/>

Peer-Led Addictions Support Group

Living with addiction can feel isolating and lonely. Find connection and community at our new Peer-Led Addictions Support Group every Tuesday night, 6:30-7:30 p.m., starting May 30.

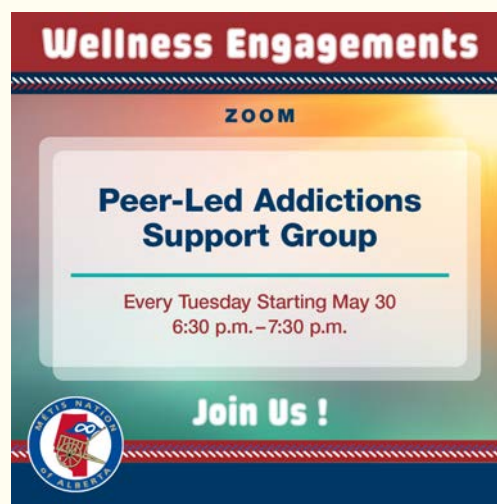
No need to register! Just drop in via zoom link: <https://us06web.zoom.us/j/86789900954?pwd=Ty9RdkEwRFEzYXcxN0FGRIlSSkprUT09>

For more information, contact Lisa at lvaughn@metis.org

Lii Zaanfaan (The Children) Caregivers Survey

Are you the caregiver of a Métis child age 10 and under? Share with us your stories and experiences of caring for and raising Métis children through the Lii Zaanfaan (The Children) caregivers survey.

Completed surveys will be entered into a draw for one of five \$100 pre-paid Visa gift cards.

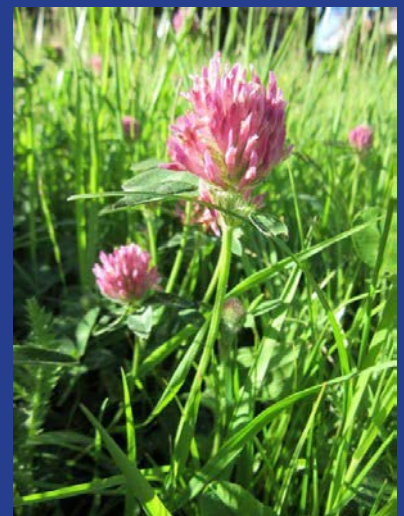




TRADITIONAL PLANTS CORNER

Red Clover

Red Clover is an annual plant that grows up to 80 centimeters tall. The leaves are divided into three oval leaflets and have a reddish or deep pink round flower head. Clover tea has been used as a mild sedative and as a treatment for asthma, bronchitis, coughing, headaches, and arthritic pain. Decoctions, teas and salves made of Red Clover can be applied externally to treat athlete's foot, mastitis, soft tissue, sores, burns, ulcers, and other skin afflictions. Red Clover can also be used as a gargle for throat soreness, swelling and infections.



Make your voice heard!

LII ZANFAAN

UNDERSTANDING THE HEALTH AND WELL-BEING TRAJECTORIES OF MÉTIS CHILDREN IN ALBERTA

CAREGIVERS SURVEY

Are you the caregiver of a Métis child age 10 and under? Share with us your stories and experiences of caring for and raising Métis children.

You could win 1 of 5 \$100 pre-paid Visa gift cards!

Learn more at albertametis.com/maternal-and-perinatal-research



In August, we're learning about "Understanding Depression". Discover how to identify its cycles, nurture your mental health, and find effective strategies to combat depressive symptoms.

Don't miss out on this empowering seminar presented by Mackenzie Carter. We hope to see you online!

Register and learn more here: bit.ly/46A9SXM

Harvest Your Knowledge

Harvesters are a valuable source of information on harvestable species, and we want to harvest your knowledge. Download the iHunter app and use the ABHuntLog each time you go out hunting or scouting to let us know the changes you see in Alberta's harvestable species populations from year to year.

We're giving away \$10 Cabela's gift cards to the first 250 MNA Citizens aged 18+ who bring their proof of app purchase to the Environment and Climate Change booth at the 2023 Annual General Assembly August 11 and 12 at Métis Crossing.

Limit of one card per person and while quantities last.

For more information about the ABHuntLog program, visit: <https://www.ab-conservation.com/featured-projects/wildlife/alberta-hunt-log/>

MÉTIS HARVESTERS!

Download the **iHunter app** and use **ABHuntLog** to track changes in Alberta's harvestable species populations.

\$10 Cabela's gift card giveaway* at the 2023 AGA!

Bring your proof of purchase to the Environment & Climate Change booth August 11-12 at Métis Crossing.

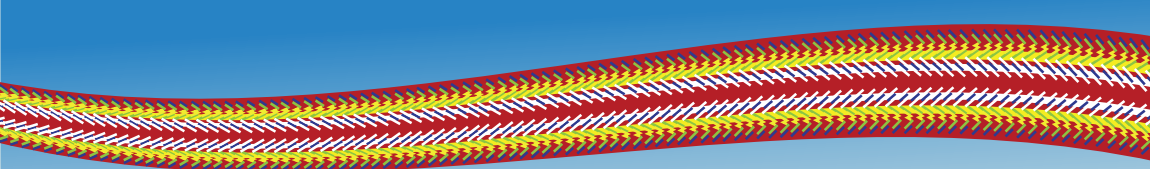
Eligibility:

- Must be MNA Citizen aged 18+
- Limit one card per person
- First 250 MNA Citizens per day



ABHuntLog





Métis Nation - Saskatchewan

Record Crowd at Back to Batoche Days in Saskatchewan

More than 40,000 people gathered to celebrate Métis culture, values, and language over the four-day Back to Batoche Days festival, July 20-23 this year.

The 'Year of the Youth' theme Métis Nation-Saskatchewan (MN-S) featured a variety of events for all ages, including live performances, traditional teachings, the rodeo, and Métis food vendors. The celebration officially kicked off on the Friday morning with opening ceremonies featuring dignitaries including Métis National Council President Cassidy Caron and Saskatchewan Premier Scott Moe. The Master of the Métis Fiddle, John Arcand, was also honoured during a special fiddle showcase Sunday afternoon.



MN-S thanks those who came to share in Métis identity and values, with special thanks to sponsors, partners, friends, and staff for making it the most successful Back to Batoche Days yet.





Métis Nation of Ontario

New Regional Tourism Project Launched

The Huron-Superior Regional Community of the Métis Nation of Ontario recently launched Métis Tours -- Métis-led cultural and ecology tours in beautiful Sault Ste. Marie, Ontario. Visitors embarking on a walking/paddling tour will have the opportunity to board the Big Canoe at Parks Canada, allowing them to traverse the scenic St. Marys River. This immersive experience offers insights into the Métis River Lots and provides a glimpse into the vibrant community life centered around fishing at the rapids. To learn more or visit: <https://bit.ly/MetisToursLaunch>



Métis National Council



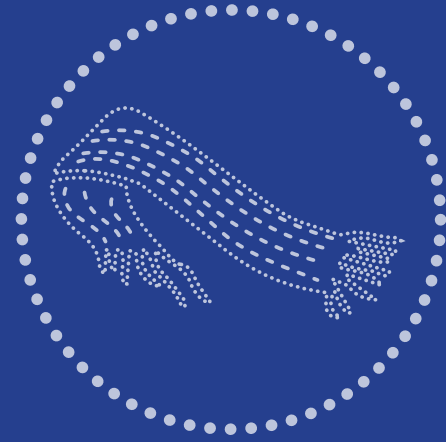
Nature Table Technical Workshop, Ottawa, ON, June 27-28

The Métis National Council held the Nature Table Technical Workshop in Ottawa with representatives from each Métis Government and Canadian Wildlife Service to discuss the details of the newly formed Métis-Canada Joint Table on Conservation and Biodiversity. Discussions allowed representatives from the Métis Nation and Canada to outline the steps needed ahead of

the first table that will take place in 2024.

As Canada Reels from Wildfires, First Nations Hope for Larger Role, July 2023

Métis National Council's Climate Change and Emergency Management Policy Advisor Dane DeSouza provided insight this past month on Canada's record-breaking wildfire season. Dane advocated for greater





inclusion of Indigenous knowledge systems in managing wildfires and climate change. Click here to read the full article: <https://bit.ly/3D6GRVZ>

Health Equity Webinar Series, July 5

On July 5th the Métis National Council and the Governing Members held a virtual session to explore Métis Health Equity. The gathering created space to have a Métis-specific conversation on health equity and to answer the question What does health equity look like for the Métis Nation? Based on this webinar, we will continue to advocate for the Métis Nation and work to achieve health equity across the Homeland.

Veterans Council Meeting, Saskatoon, SK, July 19

Along with colleagues from Veteran's Affairs Canada, the Métis National Council was pleased to host a meeting between the developing Métis Veterans Council and the Government of Canada. The meeting created a space to discuss important topics relating to Métis Veterans and is a step toward a more positive relationship between Veterans Affairs and the Métis Nation. The MNC plans to continue this positive movement and continue to work with Veterans Affairs to support veterans across the Homeland.



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MÉTIS
NATIONAL COUNCIL

**Send newsletter
enquiries to:**
newsletter@metisnation.ca